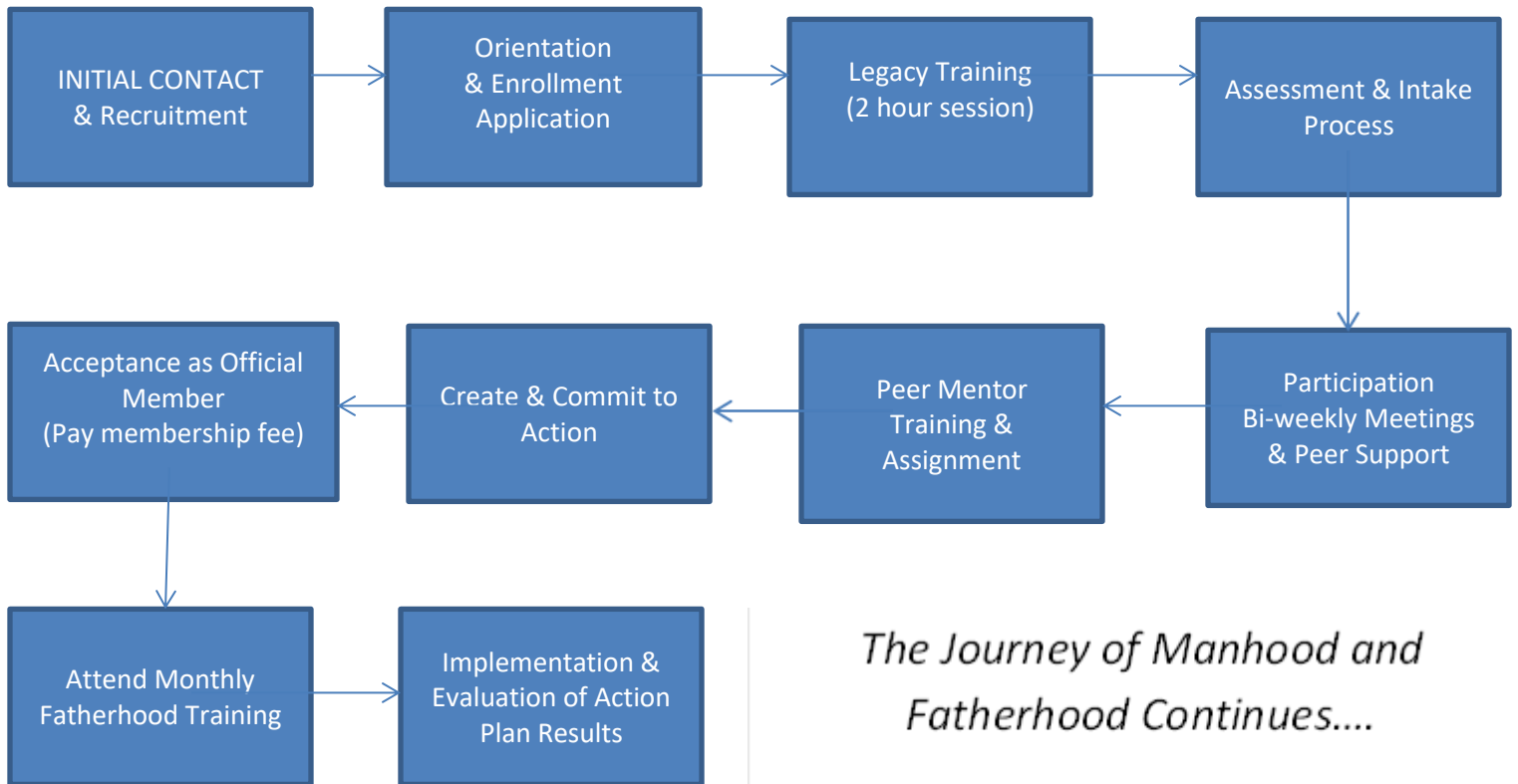


# Good Fathers Only

## Programs & Membership Framework

*A Division of GFO Inc.*



*The Journey of Manhood and  
Fatherhood Continues....*

### **Action Plan may include:**

- Job Training & Readiness
- Job Placement
- Anger Management
- Relationship Coaching/Counseling
- Therapy
- Child Support/Friend of the Court Resources
- Parenting Classes
- Personal & Character Development
- Financial Literacy
- GED Prep/Literacy Skills Building
- Legal Support and Resources
- Divorce Assistance
- Recreation and Stress Management
- Setting and Keeping Goals
- Transitional Housing



## About Good Fathers Only (GFO) Inc.



Good Fathers Only (GFO) Inc. is both a membership and a parenting support program for New and Seasoned Fathers. Sometimes men need an outlet and support through troubling times including adjusting and re-adjusting to family life. GFO is poised to target new fathers. Teaching them valuable parenting skills, providing needed resources and information. Critical support programs are available to members through the GFO Legacy Program based in Detroit, Michigan. As GFO membership chapters expand throughout the country the GFO Legacy Programs will also expand as resources allow. GFO membership is renewable annually and covers the membership period from January 1 – December 31 and the official GFO shirt.

Our organization is built upon the wisdom found in **Malachi 4:6** and **Numbers 30:2**:

**MAL. 4:6** --“And he will turn the hearts of the fathers to the children,  
And the hearts of the children to their fathers...”

**NUM. 30:2**--“If a man vow a vow unto the Lord, or swear an oath  
to bind his soul with a bond; he shall not break his word, he shall do according  
to all that proceedeth out of his mouth.”

We believe that Fatherhood is a solution. Fathers should be valued, acknowledge and celebrated as well as striving to be their best. The lives of their families, children and future generations depend upon good fatherhood. This is not just an emotional opinion, it is supported by a number of statistics that show:

- 63% of youth suicides are from fatherless homes (US Dept. Of Health/Census) – 5 times the average.
- 90% of all homeless and runaway children are from fatherless homes – 32 times the average.
- 85% of all children who show behavior disorders come from fatherless homes – 20 times the average. (Center for Disease Control)
- 80% of rapists with anger problems come from fatherless homes –14 times the average. (Justice & Behavior, Vol 14, p. 403-26)
- 71% of all high school dropouts come from fatherless homes – 9 times the average. (National Principals Association Report)

We know fathers cope with a lot. From isolation by children and their mothers, to witnessing consistent images of positive fatherhood, we often lack both the support/understanding of just how hard it is to be our best. GFO is here to help you navigate your unique (or not so unique circumstance) but you must be willing to get involved. Change only happens through action let us help you connect and get connected. Take the next step toward being a good or better father.

Leadership in GFO is provided by its founder, Calvin T. Mann. Mann, initiated into fatherhood at an early age, he uses personal experiences, training and resources to help guide fathers in both preventive and intervention strategies for parenting breakthroughs. Now a seasoned father of 4, Mann has mentored several hundred fathers into their own personal breakthroughs. Fathers that participate in the GFO Membership gain additional parenting skills in the areas of child growth and development, responsibilities of Fatherhood, interpersonal relationships, positive interactions, discipline, build self -esteem and self-worth in children, anger management/conflict resolution, and the value of legacy. Our number one goal is to **unite Fatherhood World Wide!** We achieve this goal by raising the parenting skill levels of our membership, network to increase collective resources, and grow our internal peer mentor support. Join us as we rebuild families through developing boys, men and fathers.

**Contact us today at 313-332-3323 or [goodfathersonlygroup@gmail.com](mailto:goodfathersonlygroup@gmail.com)  
visit our website at [thegoodfathersonly.com](http://thegoodfathersonly.com)**